

# February 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 9:30a.m. Chair Dancing (WC) 10:15a.m. Current Events (MT) 1p.m. Bridge (CR) 2:30p.m. Wii Wheel of Fortune (WC) 4p.m. Book Club with Lisa (LR) 7p.m. Bridge with Suffield Meadows (CR)	<b>2</b> 9:45a.m. Stretch, Strength & Balance (WC) 10:30a.m. Bingo (B) 12:45p.m. Walmart (O) 1:30p.m. Christian Worship Service (LR) 2:30p.m. Arts & Crafts (CR) 6:30p.m. Bible Study (CR)	<b>3</b> 9:30a.m. Sit Down & Tone Up (WC) 10:30a.m. Hearts (CR) 2p.m. Reading & Singing with Covenant Christian Academy (LR) 2:30p.m. Wine & Cheese Social (LR) 6:30p.m. Classic Movie Night (MT)	<b>4</b> 9:30a.m. Dance Aerobics (WC) 10:30a.m. Candy Bar Bingo (B) 1p.m. Shopping at Wegman's & Wine Tasting (O) 1:30p.m. Popcorn & Movie (MT) 3p.m. Mahjong (CR)
<b>5</b> 9a.m. Coffee & Biscotti (B) 10:30a.m. Chi Time (WC) 2p.m. Sunday Matinee (MT) 3p.m. Anglican Catholic Church (PD) 3:30p.m. Christian Worship Service with Communion (CR) 6:30p.m. Super Bowl Party (FL,B)	<b>6</b> 9:30a.m. Pilates (WC) 10:30a.m. Bingo (B) 1:30p.m. St. John's Rosary (PD) 2:30p.m. Uno (CR) 3:30p.m. Shuffleboard (B) 6:30p.m. Phase 10 (CR)	<b>7</b> 9:45a.m. Gentle Yoga (WC) 10:30a.m. Cooking Demo (MGR) 2:30p.m. Food Meeting with Matt (CR) 3:30p.m. Rummikub & Dominoes (CR) 6:30p.m. New Release Movie (MT)	<b>8</b> 9:30a.m. Chair Dancing (WC) 10:15a.m. Current Events (MT) 1p.m. Bridge (CR) 2p.m. Painting (AR) 2:30p.m. Wii Bowling (FL) 3:30p.m. Cranium Crunches (AR)	<b>9</b> 9:45a.m. Stretch, Strength & Balance (WC) 10:30a.m. Bingo (B) 12:45p.m. Giant & Shops (O) 2:30p.m. Arts & Crafts (CR) 6:30p.m. Bible Study (CR) 7p.m. Cobbler Mountain Grass (B)	<b>10</b> 9:30a.m. Sit Down & Tone Up (WC) 10:30a.m. Sing-a-long with Grace (WC) 2p.m. Catholic Mass (PD) 3p.m. Afternoon Tea (B) 6:30p.m. Classic Movie Night (MT)	<b>14</b> 9:30a.m. Dance Aerobics (WC) 10:30a.m. Candy Bar Bingo (B) 1p.m. Buckland Farmer's Market (O) 1:30p.m. Popcorn & Movie (MT) 3:30p.m. Mahjong (CR)
<b>12</b> 9a.m. Tea & Scones (B) 10:30a.m. Chi Time (WC) 2p.m. Gainesville Presbyterian Church (LR) 3:30p.m. Christian Worship Service (CR)	<b>13</b> 9:30a.m. Reading with Greeneville 1 <sup>st</sup> Graders (LR) 10:30a.m. Bingo (B) 1:30p.m. St. John's Rosary (PD) 1:30p.m. Chair Exercise with Kristin (WC) 2:30p.m. Pokeno (CR) 3p.m. Rummikub (CR)	<b>14</b> 9:45a.m. Gentle Yoga (WC) 10:30a.m. Cooking Demo (MGR) 11:30a.m. Harp Therapy (B) 2p.m. Singing with Fresta Valley (LR) 2:30p.m. Valentine's Day Party (B) 6:30p.m. New Release Movie (MT)	<b>15</b> 9:30a.m. Chair Dancing (WC) 10:15a.m. Current Events (MT) 1p.m. Bridge (CR) 2:30p.m. Wii Family Feud (FL) 7p.m. Bridge with Suffield Meadows (CR)	<b>16</b> 9:45a.m. Stretch, Strength & Balance (WC) 10:30a.m. Bingo (B) 12:45p.m. Target (O) 2:30p.m. Arts & Crafts (CR) 6:30p.m. Bible Study (CR)	<b>17</b> 9:30a.m. Sit Down & Tone Up (WC) 10:30a.m. Hymns & Devotional with Bethal United Methodist Church (LR) 2p.m. Happy Hour (B) 6:30p.m. Classic Movie Night (MT)	<b>18</b> 9a.m. Dance Aerobics (WC) 10a.m. Candy Bar Bingo (B) 11a.m. Little Muse (B) 1:30p.m. Popcorn & Movie (MT) 3p.m. Mahjong (CR)
<b>19</b> 9a.m. Coffee & Biscotti (B) 10:30a.m. Chi Time (WC) 10:30a.m. Movie Café (O) 1:30p.m. Dayspring Orthodox Presbyterian Church Service (B) 3p.m. Anglican Catholic Church (PD) 3:30p.m. Christian Worship Service (CR)	<b>20</b> 9:30a.m. Pilates (WC) 10:30a.m. Bingo (B) 1p.m. Sweet Frogs/Dunkin Donuts (O) 1:30p.m. St. John's Rosary (PD) 2:30p.m. Uno (CR) 3:30p.m. Shuffleboard (B) 6:30p.m. Phase 10 (CR)	<b>21</b> 9:45a.m. Gentle Yoga (WC) 10:30a.m. Cooking Demo (MGR) 2p.m. Mardi Gras Party (B) 6:30p.m. New Release Movie (MT)	<b>22</b> 9:30a.m. Chair Dancing (WC) 10:15a.m. Current Events (MT) 1p.m. Bridge (CR) 2p.m. Painting (AR) 2:30p.m. Wii Jeopardy (WC) 3:30p.m. Cranium Crunches (AR)	<b>23</b> 9:45a.m. Stretch, Strength & Balance (WC) 10:30a.m. Bingo (B) 12:45p.m. Warrenton Village Shops (O) 2:30p.m. Arts & Crafts (CR) 6:30p.m. Bible Study (CR)	<b>24</b> 9:30a.m. Sit Down & Tone Up (WC) 10:30a.m. Sing-a-long with Grace (WC) 2p.m. Birthday Party (B) 6:30p.m. Classic Movie Night (MT)	<b>25</b> 9:30a.m. Dance Aerobics (WC) 10:30a.m. Candy Bar Bingo (B) 1:30p.m. Popcorn & Movie (MT) 3:30p.m. Mahjong (CR)
<b>26</b> 9a.m. Coffee & Muffins (B) 10:30a.m. Chi Time (WC) 2p.m. Joyful Noise (B) 3:30p.m. Christian Worship Service (LR)	<b>27</b> 9:30a.m. Pilates (WC) 10:30a.m. Bingo (B) 11:45a.m. BJ Books & Café Torino (O) 1:30p.m. St. John's Rosary (PD) 1:30p.m. Chair Exercise with Kristin (WC) 2:30p.m. Pokeno (CR) 3:30p.m. Rummikub (CR)	<b>28</b> 9:45a.m. Gentle Yoga (WC) 10:30a.m. Cooking Demo (MGR) 2p.m. Resident Council (CR) 3:30p.m. Rummikub & Dominoes (CR) 6:30p.m. New Release Movie (MT)	<b>29</b> 9:30a.m. Chair Yoga with Claudette (WC) 10:15a.m. Current Events (MT) 1p.m. Bridge (CR) 2:30p.m. Wii Bowling (WC) 6:30p.m. Leap Year Bingo (B)	<b>FL-Fireside Lounge B-Bistro AR-Activity Room CR-Card Room DR- Dining Room MGR -Middleburg Great Room MT-Movie Theater P-Patio LR-Living Room O-Outing (Sign-up sheet in mail room) PD-Private Dining WC-Wellness Center</b>  <b>Games are available all day in the card room and puzzles are available all day in the activities room, except when other scheduled activities are taking place.</b>		